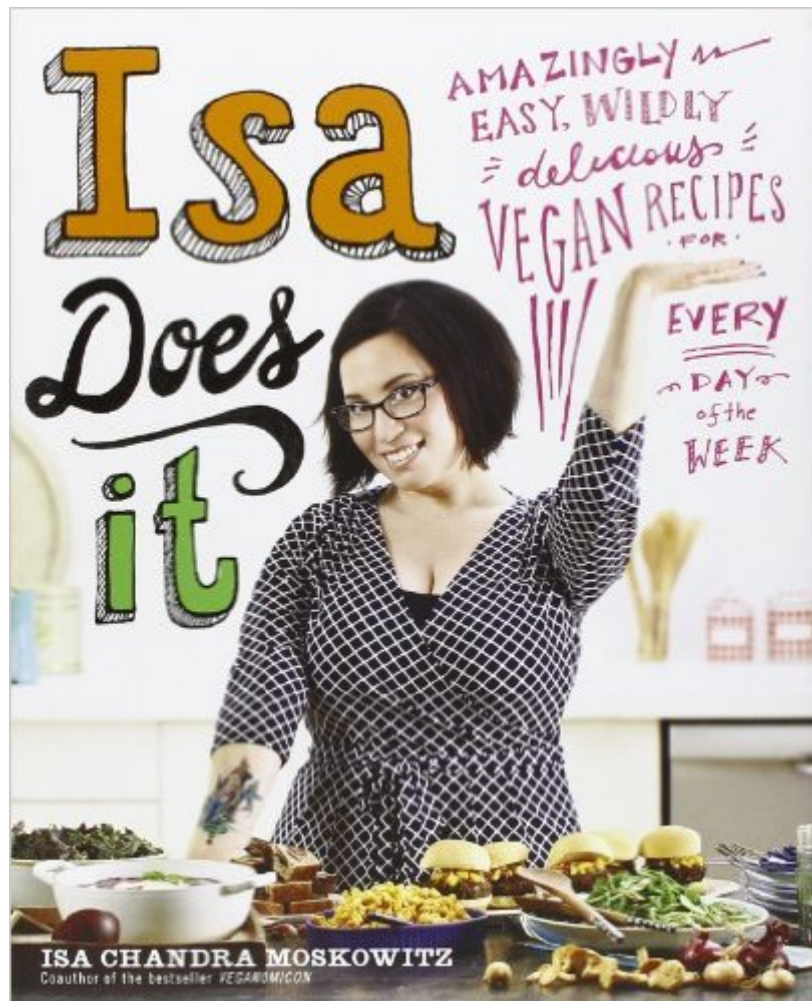


The book was found

Isa Does It: Amazingly Easy, Wildly Delicious Vegan Recipes For Every Day Of The Week



Synopsis

Recipes, tips, and strategies for easy, delicious vegan meals every day of the week, from America's bestselling vegan cookbook author. How does Isa Chandra Moskowitz make flavorful and satisfying vegan meals from scratch every day, often in 30 minutes or less? It's easy! In *ISA DOES IT*, the beloved cookbook author shares 150 new recipes to make weeknight cooking a snap.

Mouthwatering recipes like Sweet Potato Red Curry with Rice and Purple Kale, Bistro Beet Burgers, and Summer Seitan Saute with Cilantro and Lime illustrate how simple and satisfying meat-free food can be. The recipes are supermarket friendly and respect how busy most readers are. From skilled vegan chefs, to those new to the vegan pantry, or just cooks looking for some fresh ideas, Isa's unfussy recipes and quirky commentary will make everyone's time in the kitchen fun and productive.

Book Information

Hardcover: 320 pages

Publisher: Little, Brown and Company (October 22, 2013)

Language: English

ISBN-10: 0316221902

ISBN-13: 978-0316221900

Product Dimensions: 8.5 x 1.5 x 10.5 inches

Shipping Weight: 3.2 pounds (View shipping rates and policies)

Average Customer Review: 4.8 out of 5 stars [See all reviews](#) (638 customer reviews)

Best Sellers Rank: #4,631 in Books (See Top 100 in Books) #23 in [Books > Cookbooks, Food & Wine > Special Diet > Vegetarian & Vegan > Vegan](#)

Customer Reviews

When I got *Veganomicon*, I heard a lot of complaints about how complex it was. Being a cooking enthusiast, it was not a big deal. *Isa Does It!* resolves any 'complexity' issues. The recipes are easy, many can be done quickly, and "weirdo vegan ingredients" are kept to a minimum. If you can soak a cup of cashews, you got it made (and if you can't, well, then it's high time you did). It won't kill you to familiarize yourself with a slab of tofu, either. Anyway, within 1 week I probably logged 30 hours in the kitchen (yes, I am gainfully employed). *Yakisoba - quick, easy and a new go-to. Tastes great the next day, too! *Seitan & Broccoli with Pantry BBQ pulled together quickly and exceeded my taste bud expectations (I used packaged seitan, although I usually make my own). *Beet Bistro Burger: Nothing makes me happier than finding a new use for beets, and the Bistro Beet burger was not

only tasty - but pretty. Yes - aesthetics count.*The Malai Kofta in Korma sauce is the last nail in the coffin for me in never going out to eat Indian again (and I used to 2-3x/week). Plus, she's considerate enough to ensure there is enough leftover sauce to slather on everything.*Finally, the Glam Chowder is worth the price of the book alone. Really.A word on Isa's baking prowess. With the exception that us highlanders living at altitude have to compensate the leavening, (143 million people on the planet live above sea level, but I digress), I can say unequivocally, that Isa's baking recipes give the most consistent end product of any recent vegan cookbook I've encountered. Banana marble loaf. Enuf said.From the 'retired' graphic designer perspective, the book is beautiful. It is on matte paper, great color theme, and the fonts are whimsical and easy to read!

[Download to continue reading...](#)

Isa Does It: Amazingly Easy, Wildly Delicious Vegan Recipes for Every Day of the Week Raw
Vegan: How To Be A Raw Vegan Smart Ass (raw vegan, raw vegan cookbook, raw vegan food, raw
vegan diet, vegan cookbook, vegan recipes, vegan diet, natural hygiene) Vegan: Vegan Diet For
Beginners: 150 Delicious Recipes And 8 Weeks Of Diet Plans (Vegan Diet, Vegan Cookbook,
Vegan Recipes, Vegan Slow Cooker, Raw Vegan, Vegetarian, Smoothies) Vegan Recipes: Vegan
Bistro Recipes: 48 Delicious Bar Food & Soup Recipes (Vegan Recipes, Vegan diet, Vegan diet for
beginners, how to lose weight fast, vegan cookbook, Weight loss for diabetics) Vegan: Vegan
Budget Cookbook: 33 Delicious Low-Cost Vegan Recipes, Quick and Easy to Make (Vegan Diet,
Dairy Free, Gluten Free, Slow Cooker, Vegan bodybuilding, Vegan weight loss, Cast Iron) Vegan:
Vegan Diet Cookbook for Delicious and Healthy Recipes (Vegan Recipes, Vegan Cookbook, Vegan
Diet, Delicious and Healthy Recipes) Vegan: Vegan Diet Recipes That You Cant Live Without
(Vegan Slow Cooker, Vegan Weight Loss, Low Carb Cookbook, Slow Cooker Recipes, Vegan
Cookbook, Paleo Diet, Vegan Recipes) Vegan: High Protein Vegan Cookbook-Vegan Diet-Gluten
Free & Dairy Free Recipes (Slow cooker,crockpot,Cast Iron) (vegan,vegan diet,vegan
slowcooker,high ... free,dairy free,low carb) THAI FOOD - VEGAN THAI RECIPES: VEGAN THAI
RECIPES FOR THE SLOW COOKER - FRESH THAI FOOD VEGAN RECIPES FOR THE SLOW
COOKER (VEGAN THAI SLOW COOKER - THAI FOOD VEGAN RECIPES Book 1) The Ultimate
Guide To Vegan Bodybuilding & Nutrition: How To Build Muscle With A Vegan Life Style, Eating
Your Favorite Food (Vegan Bodybuilding, Vegan ... Smoothies, Vegan Lifestyle, Vegan muscle)
Vegan: High Protein Cookbook: 50 Delicious High Protein Vegan Recipes (Dairy Free, Gluten Free,
Low Cholesterol, Vegan Diet, Vegan for Weight loss, vegetarian, vegan bodybuilding, Cast Iron,)
Vegan: The Vegan Slow Cooker Cookbook - Delicious, Savory Vegan Recipes for Your Slow
Cooker (Vegan Slow Cooker, Vegan Slow Cooking) Vegan: Vegan Dump Dinners-Vegan Diet On A

Budget (Crockpot, Quick Meals, Slowcooker, Cast Iron, Meals For One) (Slow Cooker, crockpot, vegan recipes, vegetarian ... protein, low fat, gluten free, vegan recipes) Vegan Recipes Cookbook - Top 200 Vegan Recipes: (Healthy Vegan Food, Weight Loss, Vegan Book, Vegan Diet, Green Food, Dinner, Lunch, Breakfast and Snacks) Vegan: Vegan Diet for Beginner: Easy 123 Recipes and 4 Weeks Diet Plan (High Protein, Dairy Free, Gluten Free, Low Cholesterol, Vegan Cookbook, Vegan Recipes, Cast Iron, Easy 123 Diet Book 1) Vegan Diet: Easily Get a Lean Body & All Day Energy + 5 Day Meal Plan for Faster Weight Loss Results and Success Stories (vegan weight loss meal plan, vegan diet for beginners, vegan diet guide) Vegan Mastery Cookbook: Simple Vietnamese Spring Roll Recipes to Cook at Home (International Vegan Cookbook Series, Vegan Spring Rolls, Vietnamese Spring ... Vegan Recipes, How to Make Spring Rolls) Week-by-Week Homework for Building Reading Comprehension & Fluency: Grade 1 (Week-by-Week Homework For Building Reading Comprehension and Fluency) Vegan: 31 Affordable Plant-Based Vegan Diet Recipes (vegan diet, plant based, vegan cook book, oil free) Chinese Cooking: No Wok Takeout! 80 Amazingly Delicious 3 Steps Or Less Chinese Recipes Revealed (Chinese Cookbook, Cooking For One) (cookbook for beginners, ... meals cookbook, easy meals for one 2)

[Dmca](#)